

# INFUSIONS & TREATMENTS

# December Saturday



Time	Infusions & Treatments	Location	Details	Intensity
10:00 H	GOOD MORNING	Infusion Sauna Indoors		°°
10:30 H	HONEY RUBBING	Halvet		
11:00 H	HOT AND SALTY	Infusion Sauna Outdoors	very high intensity	°°°
12:00 H	WENIK	Infusion Sauna Indoors	with large amount of water	°°°
12:30 H	BAKING	Bakery Sauna		
12:30 H	COFFEE PEELING	Feminarium	with reservation at sauna counter	
13:00 H	SERENE RELAXATION	Infusion Sauna Indoors		°°
13:30 H	COFFEE PEELING	Bingül		
14:00 H	WINTER WOODLAND	Infusion Sauna Outdoors		°°°
14:00 H	AYURVEDA	Infusion Sauna Indoors		°°°
14:30 H	HONEY SALT PEELING	Halvet		
15:00 H	SWEET SURPRISE	Infusion Sauna Indoors		°°°
15:00 H	SPICED ORANGE	Infusion Sauna Outdoors		°°°
16:00 H	ICE BALL SCENTED TRIP	Infusion Sauna Outdoors		°°°

Time	Infusions & Treatments	Location	Details	Intensity
16:00 H	SERENE RELAXATION	Infusion Sauna Indoors		°°
16:00 H	BAKING	Bakery Sauna		
17:00 H	CHRISTMAS INFUSION	Infusion Sauna Indoors		°°°
17:00 H	BAKED APPLE INFUSION	Infusion Sauna Outdoors		°°°
17:30 H	COFFEE PEELING	Feminarium	with reservation at sauna counter	
18:00 H	SANDALWOOD INFUSION	Infusion Sauna Outdoors		°°°
19:00 H	ICY FRUITS	Infusion Sauna Outdoors		°°°
19:00 H	ARABIAN NIGHTS	Infusion Sauna Indoors		°°°
19:30 H	HONEY RUBBING	Halvet		
20:00 H	WENIK	Infusion Sauna Indoors	with large amount of water	°°°
20:00 H	DEEP BREATH MENTHOL	Infusion Sauna Outdoors		°°°
21:00 H	HARMONY	Infusion Sauna Indoors		°°
22:00 H	CHIMNEY WHISPERS	Infusion Sauna Indoors		°

The fragrances used can be found on the blackboard next to the infusion sauna