

# INFUSIONS & TREATMENTS

# March Weekend



Time	Name	Location	Notices	Intensity
10:00 H	GOOD MORNING	Infusion Sauna Indoors		◦ ◦
10:30 H	HONEY EMBROCATION	Halvet		
11:00 H	HOT AND SALTY	Infusion Sauna Outdoors	very high intensity	◦ ◦ ◦ +
12:00 H	WENIK	Infusion Sauna Indoors	with large amount of water	◦ ◦ ◦ +
12:30 H	BAKING	Baking Sauna	pretzel bread	◦
12:30 H	COFFEE PEELING	Feminarium	with reservation at sauna counter	
13:00 H	PURE RELAXATION	Infusion Sauna Indoors	singing bowl	◦ ◦
13:30 H	COFFEE PEELING	Bingül		
14:00 H	AYURVEDA	Infusion Sauna Indoors		◦ ◦
14:30 H	HONEY EMBROCATION	Halvet		
15:00 H	HERBAL INFUSION	Infusion Sauna Outdoors		◦ ◦ ◦
15:00 H	SURPRISE	Infusion Sauna Indoors		◦ ◦ ◦
16:00 H	SCENTING	Infusion Sauna Outdoors	no waving	◦
16:00 H	WINTER WOODS	Infusion Sauna Indoors		◦ ◦ ◦

Time	Name	Location	Notices	Intensity
16:00 H	BAKING	Baking Sauna	pretzel bread	◦
17:00 H	FRUITY VOYAGE	Infusion Sauna Outdoors		◦ ◦ ◦
17:00 H	MUSICAL	Infusion Sauna Indoors		◦ ◦ ◦
17:30 H	COFFEE PEELING	Feminarium	with reservation at sauna counter	
18:00 H	HOT AND SALTY	Infusion Sauna Outdoors	very high intensity	◦ ◦ ◦ +
18:00 H	SCENTING	Infusion Sauna Indoors	no waving	◦
19:00 H	WORLD TRIP	Infusion Sauna Indoors		◦ ◦ ◦
19:00 H	COLD-RELIEF	Infusion Sauna Outdoors	ginger shot	◦ ◦ ◦
19:30 H	HONEY EMBROCATION	Halvet		
20:00 H	WENIK	Infusion Sauna Indoors	with large amount of water	◦ ◦ ◦ +
20:00 H	DEEP BREATH	Infusion Sauna Outdoors		◦ ◦
21:00 H	PURE RELAXATION	Infusion Sauna Indoors		◦ ◦
22:00 H	GOOD NIGHT	Infusion Sauna Indoors		◦

The fragrances used can be found on the blackboard next to the infusion sauna