

# INFUSIONS & TREATMENTS

## MAILIGHTS



Time	Name	Location	Notices	Intensity
10:00 H	CITRUS FRUITS	Infusion Sauna Indoors		◦◦
10:30 H	HONEY EMBROCATION	Halvet		
11:00 H	FINNISH SALT INFUSION	Infusion Sauna Outdoors		◦◦◦+
12:00 H	IRISH WENIK	Infusion Sauna Indoors		◦◦◦+
12:30 H	BAKING	Baking Sauna	pretzel bread	◦
12:30 H	COFFEE PEELING	Feminarium	with reservation at sauna counter	
13:00 H	RELAXATION BY THE NORTH SEA	Infusion Sauna Indoors		◦◦
13:30 H	COFFEE PEELING	Bingül		
14:00 H	MEDITERRANEAN FRAGRANCE JOURNEY	Infusion Sauna Indoors		◦◦◦
14:30 H	HONEY EMBROCATION	Halvet		
15:00 H	HERBS OF PROVENCE	Infusion Sauna Outdoors		◦◦◦
15:00 H	GREEK TAVERNA	Infusion Sauna Indoors		◦◦◦
16:00 H	SWEDISH FIKA	Infusion Sauna Indoors		◦◦◦

Time	Name	Location	Notices	Intensity
16:00 H	BAKING	Baking Sauna	pretzel bread	◦
17:00 H	GREAT BRITAIN – SOUNDS & SCENTS	Infusion Sauna Indoors		◦◦◦
17:30 H	COFFEE PEELING	Feminarium	with reservation at sauna counter	
18:00 H	FINNISH SALT INFUSION	Infusion Sauna Outdoors		◦◦◦+
18:00 H	COFFEE PEELING	Bingül		
19:00 H	VIVE LA FRANCE	Infusion Sauna Indoors		◦◦◦
19:00 H	IBERIAN SUN	Infusion Sauna Outdoors		◦◦◦
19:30 H	HONEY EMBROCATION	Halvet		
20:00 H	VASTA – VIKING	Infusion Sauna Indoors		◦◦◦+
20:00 H	MINT & MENTHOL	Infusion Sauna Outdoors		◦◦
21:00 H	NORTHERN LIGHTS	Infusion Sauna Indoors		◦◦
22:00 H	GOOD NIGHT – OCEAN DREAM	Infusion Sauna Indoors		◦

The fragrances used can be found on the blackboard next to the infusion sauna